

PARTNER

Abel Mesquita

Joined PLMJ in 1987.
Partner in the Employment and Labour practice.

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About Abel

Abel is a partner in the Employment and Labour practice. He has more than 40 years' experience in the legal profession and is one of Portugal's most distinguished lawyers in this area. Besides his extensive experience in employment and labour law, Abel also specialises in pharmaceutical law.

He was a consultant and manager at the Ministry of Work, and has been a consultant to the Portuguese Confederation of Industry and to many employers' associations and leading companies in most sectors of the economy.

Abel is recognised as a pre-eminent negotiator in collective bargaining, representing both business associations and employers. He is responsible for creating and implementing important innovations that helped bring greater flexibility to labour relations in Portugal.

Abel is a member of the Portuguese Labour Relations Association and the Portuguese Conciliation Association.

Languages: English

Academic Background

- Law degree from the University of Coimbra, 1972
- Admitted to the Portuguese Bar Association, 1977

Professional Background

- Partner at PLMJ since 2000
- Consultant and manager at the Ministry of Employment, 1971-1974
- Consultant to the Confederation of Portuguese Industry, 1974-1976
- Consultant to various employers' associations

Member of

- Portuguese Association for Employment Relations
- Portuguese Conciliation Association

Awards & Rankings

Chambers Europe

2020 - Abel Mesquita, Senior Statespeople | Labour Law

"He is extolled by interviewees as a "heavyweight." He has extensive experience in social security issues."

2019 - Abel Mesquita, Senior Statespeople | Labour Law

"He boasts a lengthy career in labour law, with a particular specialism in social security schemes."

2018 - Abel Mesquita, Eminent Practitioner | Labour Law

"He is experienced in non-contentious mandates, and is particularly well known for social security issues."

2017 - Abel Mesquita, Eminent Practitioner | Labour Law

"He retains an excellent reputation in the market. He is noted for his extensive experience and considerable strength in collective bargaining matters."

The Legal 500

2019 - Abel Mesquita, Leading individual | Labour and Employment

2018 - Abel Mesquita, Leading Individual | Labour and Employment

Best Lawyers

2019 - Abel Mesquita | Recognised lawyer

2018 - Abel Mesquita |

2017 - Abel Mesquita | Other Recommended Lawyer

2016 - Abel Mesquita | Other Recommended Lawyer